

# Curry Dip for Vegetables

## Ingredients

- 4 ounces cream cheese, cut into chunks
- 1/4 cup plain nonfat yogurt
- 2 tablespoons mayonnaise
- 1 teaspoon fresh lemon juice
- 1 green onion, including some tender green tops, cut up
- 2 parsley sprigs
- 1/2 teaspoon Worcestershire sauce
- 1/2 to 1 teaspoon curry powder, or more to taste
- 1/4 teaspoon salt
- 1/4 teaspoon dried tarragon

## Preparation

Put all ingredients in a food processor and process until well blended. Transfer to a bowl or a decorative dish and refrigerator several hours.